

Chapters of my Primary School Life

I started school at four,
there were lots of new faces behind the classroom
door.

Frightened, lost and feeling quite low,
I saw a smile which made me glow.

Joining year one, and into two,
my respect for others and friendships grew.
Fun and laughter and thinking hats,
getting us ready for our first taste of SATs!

Years three and four opened wider my door;
About myself I learnt more and more.
Another year older, I continued to grow,
and I learned the importance of BNTO.

Five and six were my grown up years
As I faced different problems and sometimes shed
tears.

Understanding, growing up and moving on.
This chapter of my Primary School life is done...

Building upon my values strong.
Knowing the difference between right and wrong.
I am now ready for the world beyond.

**By BNTO Committee
2017**



Listening Ear

Mrs Doyle and Mrs Penwell run Listening Ear sessions every Monday, Wednesday and Friday break time in the Heritage Society area opposite the fish tank. They are there to help any child that would like to talk about any worries big or small.

A problem shared is a problem halved.

**We are committed to ensuring that
all children feel happy and safe.**

**If you have concerns at any time,
please make contact with a
member of the BNTO committee.**

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#BNTO@DPS

'Be Nice to Others'

**Designed by the BNTO committee
March 2017**

At Deanshanger Primary School we have a zero tolerance on behaviour that makes another person feel sad and anxious. We are committed to a strong message of BNTO—Be Nice to Others.

Our BNTO committee meet monthly after school in order to ensure that our message is well known and being followed. We have a dedicated display board by the library to share news and minutes. We also have a box for children to post their worries, if they do not feel able to share directly.

Through class work, assemblies and special visitors, we constantly reinforce a consistent message of kindness, respect and acceptance of differences.

Our Anti-bullying Policy is on the school website but parents/carers and visitors are warmly encouraged to openly ask and share any concerns they may have.



Ben Smith visited DPS on 20/2/17 for our first ever BNTO Awareness Day

How to BNTO

Ingredients

- **5kg kindness**
- **A bowl of love**
- **5kg happiness**
- **5 cups of manners**
- **A sprinkle of friendship**
- **1kg understanding**
- **A bottle of cuddles (optional)**

Method

Mix all the ingredients in a bowl stirring in a few drops of acceptance and 50 teaspoons of courage.

Bake in a caring and happy school and allow to settle before filling with encouragements. Cover generously with a thick layer of respect.

Eat with your friends for best effect.



Top Tips

It doesn't matter what colour hair you have, how you speak, how you walk, how you talk—it is not your fault if you get bullied. We are all different in some way and that's what makes us amazing.

If you are unhappy about anything at any time, tell someone. Maybe a friend, your teacher, your LSA, Mrs Mildren, a member of the BNTO committee, the Listening Ear...in fact anyone.

Hang out with the people that make you feel good about yourself. If someone constantly puts you down they are not a real friend.

Treat others the way that you like to be treated yourself.

Own up when you've made a mistake or haven't been very thoughtful. Put it right as quickly as you can. You don't have to be friends with everyone but you should always show respect.