

A lot to look forward to



Healthier Child Programme

Yesterday Paul Evans, Healthier Child Advisor, and members of the Fresh Start team joined us for a parent/carer meeting. Paul explained his role in ensuring that schools are well prepared for the legislation coming in from September 2017 based on Childhood Obesity reports. As we have been sharing for some time, our initiatives in the school are part of the government's drive to ensure that our children have the healthiest start in life. Water consumption is part of this and we are pleased that children are refilling their school water bottles within the school day to keep themselves well hydrated. Opportunities for physical exercise and walking/scooting/cycling to school is also an area we are encouraging.

Fresh Start are starting a deli bar option after Easter which means that children that prefer a sandwich type lunch option, will be well catered for. At the meeting we sampled the delights on offer and as a group, came to the conclusion that for FS and KS1 children, where lunch is free, then there is no reason to bring in a packed lunch from home. Whilst recognising that no one can be forced into taking up the Fresh Start lunch, in terms of cost and the quality of food particularly now that they are bringing in the deli bar, we would like to see a much higher proportion of children taking up this option.

It could be that the system of ordering online puts some families off and as a result we are going to set up Monday morning sessions (9.00am—9.30am) where parents can come in and order in the office with support. In Paul's words, "Fresh Start offer the very best school lunches in the County" and as a result, we are keen to see more children enjoying them. Please be reminded that children should not be bringing in foods with a high sugar content e.g., chocolate bars and fizzy drinks. Such items will be returned home.

Thank you in advance for your feedback on this.

It is wonderful to feel that the warmer weather is on the way. The daffodils that were planted by the whole community have come into bloom and look stunning on the bank by the playground. As children are starting to play out more after school, please continue to ensure that they are playing safely and keeping away from the brook.

KS2 snacks and the SNAG Hut

In line with the free snacks provided by the government for FS and KS1 children, we are going to start ordering fruit and vegetable snacks for KS2.. Children will be able to sign up for these at a cost of 60p a week. This will allow them to access the snacks from the SNAG Hut, 4 days a week. Fresh Start are very kindly providing healthy platters on Wednesdays free of charge. To make admin as easy as possible, you will have the opportunity to sign up this until the end of the school year.

KS2 children are reminded that only healthy snacks are permitted at school. Thank you

Mother's Day Join us if you can on Friday 24th March by having lunch (a hot lunch from Fresh Start or a packed lunch from home) with your child/ren. Feel free to sign up a Nan, Auntie, Neighbour if you are unable to join us. See the Fresh Start letter for details.



On Friday 24th March we will be recognising Red Nose Day. It will be a non uniform day with children encouraged to dress in as much red as possible and bring in a voluntary donation of £1. The official noses will be on sale for £1 from Wednesday 22nd.



Don't worry - we have bought enough noses for everyone.



PTA Quiz night



Teams of 6

Friday 24th March

7.30pm start

Have you signed up yet?



When one of our parents, Louise Ellis, asked if we could run an event for Autism Awareness Week, we were very keen to join in to raise awareness and funds.

On **Monday 27th March** children are invited to join in our Onesie Wednesday. Yes we know it's on a Monday, but sadly we can't run the event on the Wednesday, so we are being unique by having it on a different day! £1 donations will be gratefully received. If your child doesn't have a onsie, or want to wear it, they are encouraged to wear the colours of Autism Awareness instead—red, blue and yellow.

From 9.00am—10.00am on 27th, there will be a coffee and cake morning in the drama studio for parents, carers, family and friends. Please come and join us if you can. Cake donations would be wonderful too. Any cakes left over from the coffee morning will be sold at the end of the day for children. There will also be a name the bear competition running during the coffee morning and after school.



Year 4 Parent/Carer meeting on **Monday 13th March** re: forthcoming trip to Frontier Centre. 2.30pm and repeated at 6.30pm.

Can you believe that the Book Fair raised £936? This means we can order, with the children's help, books to the value of £500 for the library. This is wonderful news.

Thank you very much to the parent volunteers that helped us in the library today.

We are always extremely appreciative of additional support.

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